



Mother Lode Rugby Football Club

Player & Parent Pledge

At Mother Lode Youth Rugby, we live by four core values: **Respect. Integrity. Commitment. Fun.**

By signing this pledge, players and parents commit to uphold these values every time we step on or off the field.

Player Pledge

- Respect teammates, coaches, opponents, and referees in words and actions.
- Encourage my teammates and hold myself to high standards of effort and sportsmanship.
- Commit by showing up, working hard, and giving my best at all times.
- Show integrity by being honest, accepting feedback, and working to get better.
- Keep rugby fun by bringing positive energy and a team-first attitude.

Parent Pledge

- Respect referees, coaches, players, and opposing families at all times.
- Support my child and their teammates with encouragement, not criticism.
- Model integrity by demonstrating fairness, honesty, and sportsmanship.
- Commit to helping create a safe, welcoming environment for every family.
- Keep rugby fun by celebrating effort, growth, and community above results.

Together

By signing this pledge, we affirm our commitment to the values of Mother Lode Youth Rugby: **Respect. Integrity. Commitment. Fun.**

Failure to meet this pledge, by players or parents, may lead to reduced participation, suspension, or other action by the club

Player Name & Signature: _____

Parent/Guardian Name & Signature: _____